



SANBORN REGIONAL HIGH SCHOOL

POINTS OF P.R.I.D.E.

October 8th, 2023

A newsletter that promotes our core values of:

***P**ersonalization, **R**isk-Taking, **I**ntegrity, **D**iscovery, and **E**mpowerment*

Sanborn Regional High School

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(603) 642-3341
www.sau17.org



Important Upcoming Dates:

Monday, October 9th: Columbus Day - No School!

Wednesday, October 11th: PSAT Day - grades 9-11

Wednesday, October 11th: College and Career Exploration Day - grade 12

A Message from Administration: PSATS Are Coming!

Greetings Sanborn Students and Families!

All Freshmen, Sophomores and Juniors will take the PSAT's on Weds. October 11th. The exam will take 2.5 hours and students will have regular classes after it is complete. Students will be setting up chromebooks in their designated testing room on Tuesday during period 6 and leaving it at school.

All seniors will be participating in the Mandatory Senior Day. Seniors should plan to be here by 7:20 on Weds and the required portion of the day will end by 11. Seniors will be ordering Caps and Gowns on Tuesday and participating in a Financial Fair which may count for a career speaker.

We are looking forward to another great week here at Sanborn!
Best Wishes From Your School Administrative Team,



Jennifer Michitson
Principal



Dr. Robert Dawson
Assistant Principal
Athletic Director



Nichole O'Brien
Assistant Principal
Curriculum



Heidi Leavitt
Counseling Director



Louie Vigers
Assistant Principal

Athletic Happenings:

Registration is OPEN for Winter Sports!

Click here to register your student-athletes: [Final Forms](#)

Winter Sports:

Basketball (Boys & Girls)

Indoor Track (Boys & Girls)

Cheerleading (Coed)

Bowling (Coed)

Ice Hockey (Boys)

Mon, Oct 9

No school, no games

Fri, Oct 13

Boys Soccer @ Pelham, 6:00

Tue, Oct 10

Field Hockey home v Souhegan, 4:30

Girls Soccer @ Hopkinton, 4:00

Boys Soccer home v Newmarket, 4:00

Sat, Oct 14

Cross Country @ Pelham Invite, 9:30

Football home v John Stark, 1:00

Cheer home game, 4:00

Golf: NHIAA Individuals, 9:30

@ Beaver Meadow

Wed, Oct 11

Cross Country @ Souhegan, 4:00

Thu, Oct 12

Golf @ NHIAA Tournament, 9:30

Field Hockey @ Milford, 4:00

Girls Soccer @ Kearsarge, 4:00



For more information regarding HS sports, including contact information for coaches, schedules, etc. may be found here: [HS Athletics Update](#). Fall schedules may be found on the [Combined Schedule](#). Questions may be directed to Athletic Director Dr. Bob Dawson, at rdawson@sau17.net

October Counseling Office News:

Senior Post-High School Planning Kickoff! There are many events happening in October.

- ★ On October 16th at 6pm in the library, we will host the NH Higher Education Assistance Foundation and they will present a thorough overview of the changes in the Free Application for Federal Student Aid (FAFSA). You will definitely not want to miss this presentation if your student is heading off to either a 2 year or 4 year college.
- ★ All Seniors will be having individual meetings with their school counselor to sign an intent to graduate form. Students will identify the type of diploma they will be earning and they will identify any requirements outside the school day that need to be completed in order to walk across the stage in June.
- ★ Seniors will participate in a Mandatory Senior Day on October 11th. First they will start the day with a Senior meeting and they will order their Caps and Gowns. Then they will take part in a Financial Fair (they will be given a 'job and a salary' and will travel through a month of typical living expenses to have an opportunity to see how much it costs to live in the 'adult' world. They will end the morning with a presentation from Stats Geek of Natick. This 3 man show will speak to the need for connecting with others and taking care of themselves when they are responsible for their own well-being.
- ★ October 11th is PSAT Administration day. All students in grades 9-11 will be taking the PSAT exam. The exam will be 2.5 hours long.
- ★ Students who are interested in the Healthcare field should look for an email from Mrs. Alley. We are organizing field trips to both Exeter Hospital and Portsmouth Hospital to explore the various careers in the healthcare industry.

Classroom and Co-Curricular Happenings:

Sanborn Students Participate in the NH Construction Field Day

Mr Kelly, Mr Cass and 19 aspiring tradespeople attended the 2023 NH Construction Field Days on Friday Sept 29th. Over 1600 students attended over 2 days. 200 tradespeople and hundreds of pieces of equipment, trades and careers were on site. It was damp but the weather did not stop Sanborn from having a great time and being exposed to many new opportunities.





SRHS NATIONAL HONOR SOCIETY

LEAF IT TO THE NATIONAL HONOR SOCIETY!

Looking to clear your lawn of leaves?
The SRHS National Honor Society
members will be available to rake lawns
this fall!

**BEGINNING THE FIRST WEEK OF
NOVEMBER!**

Please contact Mrs. Mulvey at
(emulvey@sau17.net) if you are
interested and want to book a day!

Stay Connected

<u>SRHS Yearbook Information</u>	<u>School Counseling Update</u>	<u>Student Assistance Program</u>	<u>School Nurse Updates</u>	<u>SoRock Updates</u>
<u>SRHS Media Center</u>	<u>PTO Announcements</u>	<u>Exeter Adult Ed Information</u>	<u>Outside Organization and Booster Activities</u>	<u>Community Sport Sign Up Information</u>
<u>Seacoast School of Technology Information and Events</u>	<u>Daily Announcements</u>	<u>Student Job Opportunities</u>	<u>2023-2024 SRHS Calendar of Events</u>	<u>Student Group Fundraising Information</u>
<u>Sanborn Seminary Trustees</u>		<u>Visit our Website</u>	<u>Monthly Scholarship Newsletter</u>	